<i>OLEITZ[®]



USE OUR ERGONOMIC TRICKS TO KEEP YOU ENERGISED.



Ergonomic products in striking colours, the new Leitz Ergo WOW range energises your life at work and beyond, keeping your circulation flowing and your mind and body alert.



Leitz Ergo WOW Adjustable Monitor Stand

Elevate monitors to an optimal viewing height to promote a healthy and ergonomically correct posture and to increase productivity. The sleek design offers an organised working environment within a small desktop footprint and keyboard storage space. Code 650400-



Wrist Rest

possible to support health and comfort while maintaining high levels of performance.

Code 652300-



Leitz Ergo WOW Mouse Pad with Adjustable Wrist Rest

Adjustable ergonomic Wrist Rest allows you to easily adjust the height of the wrist rest for your individualised comfort whilst the mouse mat offers best-in-class tracking for optical and laser mice.

Code 651700-



TURN OVER - CHOOSE FROM TWO HEIGHTS

Leitz Ergo WOW Ergonomic Adjustable **Computer Foot Rest**

Combines the ergonomic benefits of a tilt and height adjustable foot rest with the added advantages of a wide platform and anti-slip surface. The WOW office footrest promotes healthy circulation and supports back and leg comfort while increasing productivity.

Code 65030095* *) only in Black -95



TURN OVER - CHOOSE FROM TWO HEIGHTS

POSITIONING YOUR MONITOR

Did you know that the correct distance between you and your monitor should be one arm's length, usually 55-65 cm. The height of the top of the monitor should be 2.5 cm below eye level for every 30 cm between your eyes and the monitor to keep your mind focused and engaged.





30





THE CORRECT WAY TO REST YOUR WRISTS!

Place your palm on the rest while suspending your wrist in the air, maximising circulation and comfort and to keep your elbows aligned with your chest - vital for correct posture and to keep your energy flowing.



KEEP YOUR BODY MOVING

To sustain productivity, refresh your working position every thirty minutes. Our Foot Rest, with its wide platform and anti-slip surface, supports your back and legs when changing position for optimal circulation and for general well-being.

